



COMMUNITY LYME DISEASE AWARENESS PROGRAM

NOVEMBER 2018

AHope4Lyme

Our Mission is to help relieve those suffering from and distressed by the effects of Lyme disease (and other tick-borne diseases) and promote community awareness.

3rd Annual Nuts and Bolts of Lyme Disease and Updates

Mark your calendars now!

Thursday, May 30, 2019

12:00 – 5:00 pm

FOR MEDICAL PROFESSIONALS (DO, MD, NP, PA, RN)

Sponsored by GME Arnot Health & A Hope 4 Lyme, Inc.

It is our hope that all primary care providers attend to gain knowledge to help them recognize symptoms of tick-borne diseases. Registration will start in January 2019 with a formal announcement. This program will not be open to the general public however, we would like help in getting this information to your health-care provider(s).

FOR THE GENERAL PUBLIC

Thursday, May 30, 2019

6:00 – 8:00 – Cost: \$5.00

More information will be available as the date gets closer and details are finalized.

Business Meeting

Our Business Meetings are held monthly at Maranatha Bible Chapel, 774 Sing Sing Road, Horseheads, Ny.

They are normally held the first Tuesday of the month.

The public is welcome!

Semi-Formal
Gala
Dinner – Dance

February 2 2019 6:00 – 10:00

Holiday Inn Riverview



Come Party
with us in
the Lyme

Cost: \$50/person \$350 for a table of 8

Deadline to purchase tickets: Jan. 21, 2019

For more info: www.ahope4lyme.org

Sit-down dinner with a choice of entrée which includes salad, mashed potatoes & green beans almandine

Healthy Kitchens


Healthy Kitchens is planning a free 6-week cooking module with a January start date. If you are interested in obtaining additional information regarding this, please call Health-On-Demand at (607) 737-4499 to leave your name and email. When the details are complete, they will send out a mass email.

Osteopathic Manipulation Medicine

Arnot-Ogden medical students provide a free Osteopathic Manipulative Medicine (OMM) clinic on Thursdays from 2-4 pm. It is held at Arnot-Ogden Medical Center located at 600 Roe Ave, Elmira. Go through the main doors and then down the short set of stairs to the immediate right. It is typically held in one of the Petrie rooms. Public is welcome.



Donations

- Please consider helping us continue what we do by sending a donation of any amount to:
A Hope 4 Lyme, Inc., PO Box 1003, Elmira, NY 14902-1003
ahope4lyme@yahoo.com
- Earn money for us when you use  iGive.com® as your search engine and on-line shopping. You will pay no extra fee for this and it is very easy. Please note: scroll down to the bottom of the iGive page to "cool stuff" to add the iGive button. www.igive.com/AHope4Lyme
- Return your .05 deposit bottles/cans to the below redemption centers and tell them it is for A Hope 4 Lyme:
Quality Beverage, 1137 Maple Ave., Elmira, NY 14904
Lewis Bros Market, 703 Westlake Rd, Horseheads, NY 14845